



Welcome to Freedom High  
School's 8<sup>th</sup> Grade Parent Night

Principal: Ms. Lauren Kelly

Our Mission: Freedom High School will provide a range of educational experiences for all students to acquire the key knowledge and skills to become critical and innovative thinkers who are college and career ready.

Our Vision:

1. Be a Professional Learning Community which fosters innovation and enables students and staff to reach their maximum potential.
2. Prepare all students for success after high school by offering challenging coursework with targeted student support.
3. Provide a safe and nurturing environment designed around student needs which promotes respect for all.
4. Provide multiple avenues for the community to participate in the education of our students.



Your student will randomly be placed in one of four core building communities (B, C, D or E).

Your student will experience a smaller, more personal educational community while attending FHS.

# Instructional Calendar

First day of school: Monday, August 1, 2022

- Full calendar can be found on the LUHSD Website
- Please be sure to plan your vacations during our holiday breaks

Liberty Union High School District  
Modified Traditional Schedule – 2022-2023  
Instructional Calendar – Board Approved 3/10/21

QTR 1		44 days	
QTR 2		42 days	
QTR 3		47 days	

July							August							September						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2		1	2	3	4	5	6						1	2	3
3	4 H	5	6	7	8	9	7	8	9	10	11	12	13	4	5 H	6	7	8	9	10
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29	30	
31	NTD	emo	SDO	SDO	SWO															

October							November							December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1			1	2	3	4	5						1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11 H	12	4	5	6	7	8	9	10
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
16	17	18	19	20	21	22	20	21	22 H	23 H	24 H	25 H	26	18	19	20	21	22 SWD	23 H	24
23	24						27	28	29	30				25	26 H	27	28	29	30	31
30	31	25	26	27	28	29	27	28	29	30										

January							February							March						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 H	3	4	5	6	7				1	2	3	4				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11	5	6	7	8	9	10	11
15	16 H	17	18	19	20	21	12	13	14	15	16	17 H	18	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20 H	21	22	23	24	25	19	20	21	22	23	24	25
29	30	31					26	27	28					26	27	28	29	30	31	

April							May							June						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1		1	2	3	4	5	6						1	2	3
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	28	29 H	30	31				25	26	27	28	29	30	
30																				

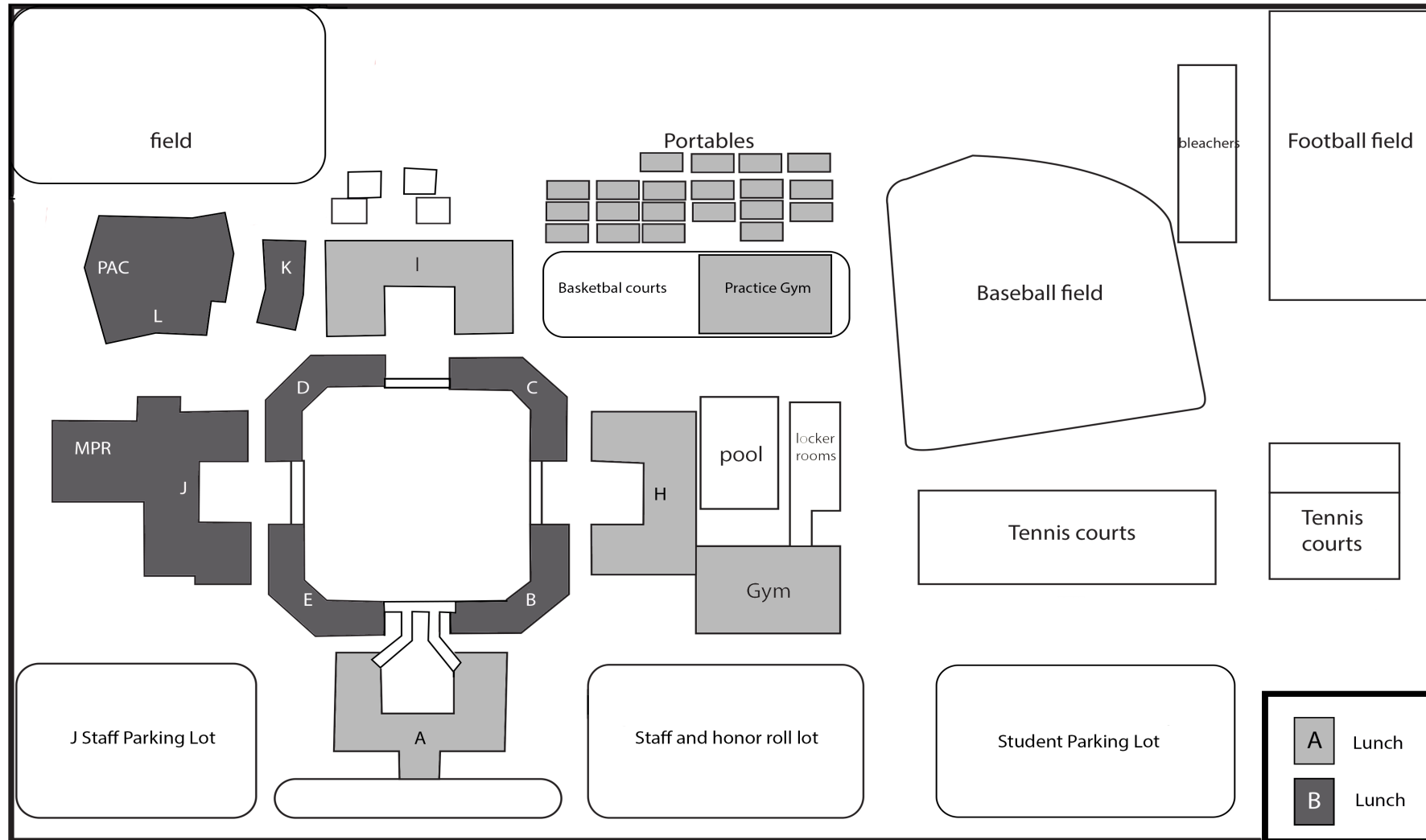
  

<b>Legal Holidays and Board Designated Non-School Days</b> Labor Day                      September 5, 2022 Fall Break                      October 3-14, 2022 Veteran's Day                  November 11, 2022 Thanksgiving                  November 21-25, 2022 Winter Break                    Dec. 22 – Jan 6, 2023	<b>Non-School Days</b> Martin Luther King Day      January 16, 2023 Lincoln's Day                    February 17, 2023 Washington's Day              February 20, 2023 Spring Break                    March 20-31, 2023 Spring Recess                   April 24, 2023 Memorial Day                    May 29, 2023	<b>Important Dates</b> First Day of School              August 1, 2022 Back to School Night            Varies by Site Last Day of School                June 8, 2023
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Board Approved 03/10/2021

# FREEDOM HIGH SCHOOL

## School Map



# Bell Schedule 2022-2023

- 2022-2023 Student start time is 8:30 am
- Regular Rotating A/B Day M-W
- Professional Development Day
- Rally Schedule Day
- Minimum Day
- Finals Schedule Day
- Traditional Day



Example

Regular Rotating Day- M, T, W		
Time	A-Day	B-Day
8:15-9:44	1	5
9:49-11:22	2	6
11:22-11:52	Lunch A	Lunch A
11:27-12:56	3B	7B
12:56-1:26	Lunch B	Lunch B
11:57-1:26	3A	7A
1:31-3:00	4	8

January						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 H	2 V	3 V	4 V	5 V	6
7	8 T	9 A	10 B	11 A	12 B	13
14	15 H	16 A	17 B	18 A	19 B	20
21	22 A	23 B	24 A	25 B	26 A	27
28	29 B	30 A	31 B			

# What is a credit?

- For each semester course your student passes they will earn 5.0 credits. Credits can also be referred to as units. Study Hall does not earn credit.
- To pass a class your student must earn a D or better. If you receive an F, you will fail the class, and earn 0.0 credits.
- Your student needs to earn 270 credits in specific subject areas to earn a Freedom High School diploma.

# How can my student be successful?

- Attend classes every day and be on time.
- Complete all class work and homework.
- Ask their teachers and family for help/attend after school Homework HELP in B119.
- Stay informed.
- Use their daily planner.
- Develop healthy habits.





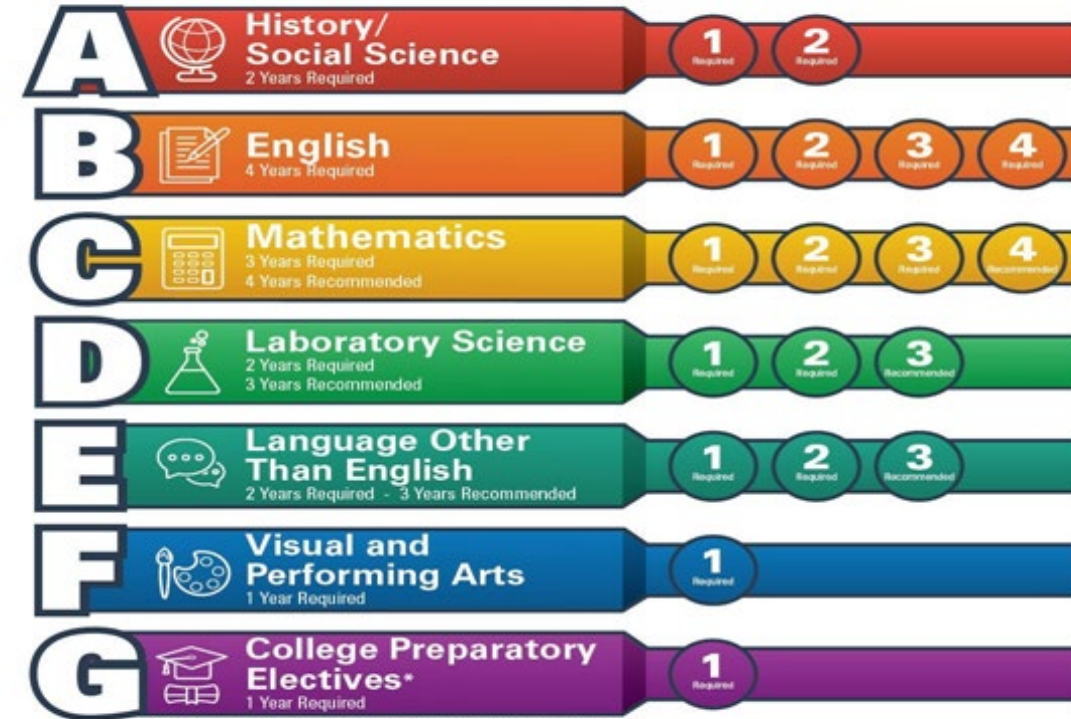
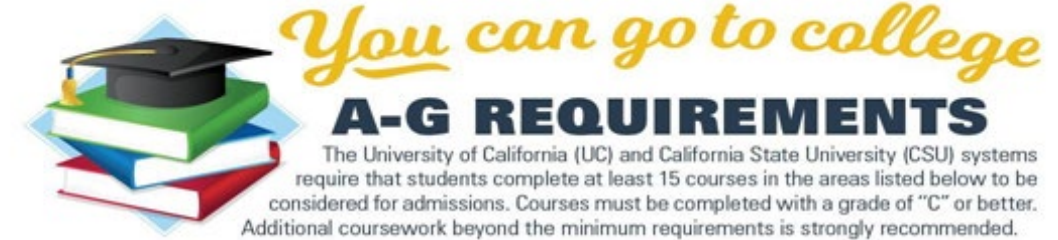
# Graduation Requirements



Course Requirements (10 Credits = 1 year)		
Course		Credits
English:	Students must pass 9 <sup>th</sup> , 10 <sup>th</sup> , 11 <sup>th</sup> and 12 <sup>th</sup> grade levels	40
Social Studies:	a. One year of World History (10 <sup>th</sup> ) b. One year of U.S. History (11 <sup>th</sup> ) c. One semester of American Government (12 <sup>th</sup> ) d. One semester of Economics (12 <sup>th</sup> )	30
Mathematics:	Students must pass three years of mathematics with completion of Algebra through Geometry.	30
Science:	a. One year of Life Science (Biology or The Living Earth) b. One year of Physical Science (Environmental Science, Chemistry in the Earth Systems or Physics in the Universe)	20
Fine Arts <u>or</u> World Language:	One year	10
Physical Education:	a. One year of 9 <sup>th</sup> grade P.E. b. One year of 10 <sup>th</sup> grade P.E.	20
Health:	Students must take one semester of health education	5
Electives:		115
Total number of credits required for graduation		270

# CSU/UC Admission Requirements

- A-g are the college eligibility requirements, they are different from High School graduation requirements.
- Refer to these courses if you student is planning on attending a 4-Year college after high school.
- Students must earn C's or better in these courses
- UC's are designed to accept top 12% of students academically and CSU's top 33%



\*Any courses taken in excess of the minimum required in any subject area may count toward the fulfillment of the College Preparatory Elective requirement.

# The CA State Seal of Biliteracy

- All students must complete 4 years of English and get a 2.0 or above overall GPA in those classes.
- All students must get a 3 'Proficient' or higher on the SBAC test taken junior year.

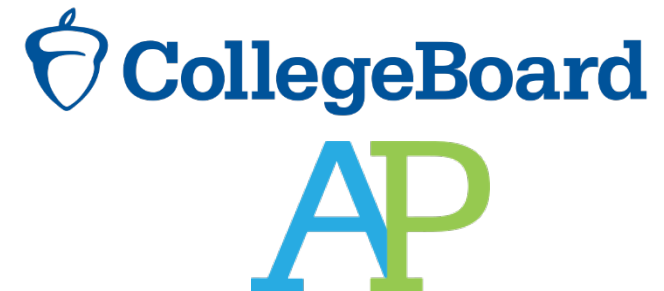
And one of the following:

- Complete up to level 4/AP and have a 3.0 or higher in the language they are taking (Spanish or French).
- Complete Spanish for speakers I or II, Spanish 4 or AP with 3.0 overall GPA or higher.
- Complete Spanish 1,2,3,4 or AP with a 3.0 overall GPA or Higher.
- Pass the AP exam with a 3 or higher.



# AP Human Geography

- For students who want to take a challenging course, an Advanced Placement course called AP Human Geography is a college level course that is available to freshmen. This is in place of World Cultures.
- Students must take the AP Exam in May at the end of the course.
- Expect to spend 1-2 hours of homework per night for each AP class.







# Freedom Athletics

8<sup>th</sup> Grade Parent Night

# Purpose



- Like the NFHS and CIF, Freedom operates and instills the Josephson Institute's “Six Pillars of Character.”
- Our goal is to provide a quality learning experience for everyone to make the leaders of tomorrow.
- We use the acronym “Be TRRFCC!”

Trustworthiness	Respect	Responsibility
Fairness	Caring	Citizenship





Fall [Aug-Nov]	Winter [Nov-Feb]	Spring [Feb-May]
Girls Volleyball Girls Tennis Girls Water Polo Girls Golf Cross Country Football Boys Water Polo Cheerleading Co-ed Unified Soccer	Girls Basketball Girls Soccer Wrestling Boys Soccer Boys Basketball Cheerleading Rugby Co-ed Unified Bowling	Softball Baseball Boys Golf Boys Tennis Boys Volleyball Swimming Diving Track & Field Co-ed Unified Basketball

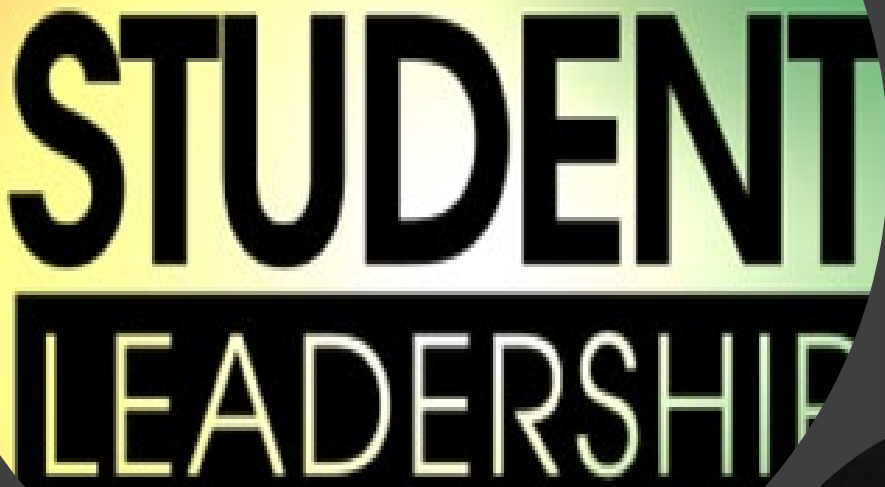
# Athletic Opportunities by Season

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# Athletic Clearance

- Athletic physicals should be completed after June 1, 2022 AND require a physician or chiropractor clearance signature dated after June 1, 2022.
- Physical may be uploaded to [www.athleticclearance.com](http://www.athleticclearance.com) after June 1. 2022
- Parent signed **CONFIRMATION SHEET** from [www.athleticclearance.com](http://www.athleticclearance.com) and upload to your registration.
- All physical physician clearance forms must be on file to participate in tryouts.
- Parent Driver & Student Rider Forms - turned in to coach.
- Volunteers - Coach Approval, TB Test, DOJ/FBI Fingerprints, NFHS Coaching Course, Concussion Course, Sudden Cardiac Arrest ,Heat Acclimation Course, CPR and First Aid, Mandatory Reporting Training, Sexual Harassment Training.
- Handbooks for Parents, Athletes, & Coaches are online at school and district website.



**STUDENT  
LEADERSHIP**



**CLUBS AND  
ACTIVITIES**



**CONNECT  
CREW**  
FREEDOM HIGH SCHOOL 13-14

## Clubs and Advisors

- There are many ways your student can get involved!
- Encourage them to take the time to investigate our club offerings and meet the club advisors.
- Research shows a positive correlation between campus involvement and academic achievement.



College and Career  
Coordinator  
Mrs. Cartwright

- Career Exploration
- College Applications
- College Entrance Tests (SAT/ACT)
- Practice exams (PSAT/PreACT)
- Scholarships
- Work Permits
- Financial Aid Information

# Middle School Registration Visits (During School Day)

- Freedom Counselors will meet with 8<sup>th</sup> grade students and pass out registration materials and Course Request Forms. They will review all materials and answer questions to help with the registration process.

## Counselor Visit Dates:

- Monday, 1/24/22: O'Hara
- Tuesday, 1/25/22: Delta Vista
- Wednesday, 1/26/22: Knightsen



# How to Read a Course Catalog



## Beginning Art

Course #1506

- Level: 9-12
- Length: Year-Long (10 credits)
- Prerequisite: None
- Graduation: Fine Arts requirement or elective credit
- College Prep: VAPA (f) requirement
- No previous art experience is necessary for this beginning level art class. All projects are based on learning the elements of art (line, shape, form, value, color, space, texture) using a variety of art media. The principles of design are also introduced.

# FREEDOM HIGH SCHOOL

1050 Neroly Road  
Oakley, CA 94561  
(925) 625-5900

## Freshmen COURSE REQUEST FORM

RETURN TO FREEDOM BY  
**FEB. 4TH**

LIBERTY UNION HIGH SCHOOL DISTRICT  
SCHOOL YEAR 2022-2023  
20 OAK ST, BRENTWOOD, CA 94513  
(925) 634-2166 WWW.LUHSD.NET

Student Name: \_\_\_\_\_  
Last Name First Name MI

Phone No: (\_\_\_\_) \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Middle school attended (check):

- Delta Vista    O'Hara Park    Edna Hill    Excelsior    Knightsen    Adams    Bristow  
 Old River    Other \_\_\_\_\_

If you have a sibling attending Freedom check the building to which they are assigned: B\_\_ C\_\_ D\_\_ E\_\_

### What are your plans after high school graduation:

- Go directly to 4 yr college    Community College/transfer to 4 yr    Vocational School    Military    Work

\*Before continuing, review the important information on the reverse side of this form. Sign the form and then proceed with making your course selections.

\*Course names designated with the "P" are A-G college prep classes used to meet UC/CSU requirements.

\*Required courses below will automatically be loaded into your schedule, but please choose a social studies option.

### Required Courses

P-English 9	3030
P-The Living Earth	5020
Physical Fitness PE 9	5750
P-World Cultures	5255
<b>OR (Circle your choice)</b>	
AP Human Geography	5260

### Math

Math placement will be determined based on the algebra readiness test, math grade, and teacher recommendation by current 8<sup>th</sup> grade math teacher. Your middle school will notify Freedom High School of your appropriate math placement and Freedom High School will automatically place the class into your schedule.

### Elective Courses

Please choose 5 electives in the order of your preference from the Freshmen Elective Offerings list. If you choose a semester (SX) course, choose 2 per line.

Course No	Course Description
1. 7680/7689	Study Hall
2. /	/
3. /	/
4. /	/

### Freshmen Elective Offerings

Course No	Term	Course Description
<input type="checkbox"/> 1506	Y	P-Beginning Art
<input type="checkbox"/> 1491	Y	Fashion Design 1
<input type="checkbox"/> 3195	Y	Yearbook (Yearbook Teacher approval required)
<input type="checkbox"/> 1548R	Y	P-Graphic Design 1
<input type="checkbox"/> 6016	Y	P-Concert Band
<input type="checkbox"/> 6050	SX	Instrumental Study-Beginning Band
<input type="checkbox"/> 6036	Y	P-Orchestra
<input type="checkbox"/> 6037	Y	P-Jazz Band
<input type="checkbox"/> 6070	Y	P-Men's Chorus
<input type="checkbox"/> 6086	Y	P-Women's Chorus
<input type="checkbox"/> 6060	SX	Music Appreciation
<input type="checkbox"/> 6056	SX	Beginning Guitar
<input type="checkbox"/> 6058	Y	Piano I
<input type="checkbox"/> 1575	Y	P-AP-Art History (Teacher approval required)
<input type="checkbox"/> 7371	Y	PUSH
<input type="checkbox"/> 7457	SX	Foundations for Success
<input type="checkbox"/> 3510	Y	P-French 1
<input type="checkbox"/> 3520	Y	P-French 2
<input type="checkbox"/> 3610	Y	P-Spanish 1
<input type="checkbox"/> 3620	Y	P-Spanish 2
<input type="checkbox"/> 3670	Y	P-Spanish for Spanish Speakers 1
<input type="checkbox"/> 4036	Y	P-Design Drafting
<input type="checkbox"/> 2327	Y	P-Game Design Using Java
<input type="checkbox"/> 2328	Y	Mobile App Development
<input type="checkbox"/> 4155	Y	P-Foundations of Construction
<input type="checkbox"/> 4055	Y	Introduction to Broadcasting
<input type="checkbox"/> 2297	Y	Business Computer Applications
<input type="checkbox"/> 2596	SX	Personal Finance
<input type="checkbox"/> 5197	SX	Basic Electronics
<input type="checkbox"/> 4252	Y	Jumpstart to Engineering
<input type="checkbox"/> 4077	Y	Exploring Computer Science
<input type="checkbox"/> 5090	Y	P-Environmental Science
<input type="checkbox"/> 5230	Y	Ethnic Studies

# Semester Long Versus Year-Long Courses

$$\begin{array}{r} 70 \\ \times 4 \\ \hline 280 \end{array}$$

**Term:**

**Y=Year Long**

**SX=Semester**

**Important Information for parents and students:**

The recommendation at FHS is that all freshmen students take a study hall period. We have found that an eight period schedule which includes a study hall period greatly increases overall student success in high school math placement will be determined based on the results of an algebra readiness test; current math class grade and performance; and math teacher recommendation. If you object to your student's math placement, your student can challenge the placement at the beginning of the school year by taking a readiness test to determine appropriate placement. Regardless of what math course your student starts with; if they earn a satisfactory grade, all students are able to meet the requirements for acceptance to college after high school.

World language courses are required for acceptance to a four-year college; a world language or fine arts class is required for high school graduation. Students who wait until their sophomore year to take a World Language can still meet all requirements for college acceptance. Students who are interested in earning the Seal of Biliteracy should enroll in a world language all four years and refer to the course catalog for eligibility requirements.

Colleges look at the quality of grades, not the quantity of classes. It is important to do well and earn a grade of C or better for college admissions. Students have four years to take the classes required for college acceptance. Our schedule allows for students to have plenty of opportunity to take a variety of courses during their high school years.

It is very stressful for a student to have a schedule change once the year begins. We plan how we offer courses based on course sign ups. Often times, changing one class can result in numerous changes to a student's schedule.

The following is one example of a four-year plan which meets both high school and four-year college acceptance requirements. (Online catalog with course descriptions can be found on our web site at [www.luhsd.net/freedom](http://www.luhsd.net/freedom))

9th Grade Courses	
Fall Semester	Spring Semester
1) English 9	1) English 9
2) Algebra 1/Geometry	2) Algebra 1/Geometry
3) World Ctrls/Geog	3) World Ctrls/Geog
4) The Living Earth	4) The Living Earth
5) Physical Education	5) Physical Education
6) Elective/Visual Arts or World Language	6) Elective/Visual Arts or World Language
7) Elective	7) Elective
8) Study Hall	

10th Grade Courses	
Fall Semester	Spring Semester
1) English 10	1) English 10
2) Geometry	2) Geometry
3) World History	3) World History
4) Chemistry in the Earth System	4) Chemistry in the Earth System
5) Physical Education	5) Physical Education
6) Health	6) Elective
7) Elective/Visual Perf Arts or World Lang	
8) Elective or Study Hall	

11th Grade Courses	
Fall Semester	Spring Semester
1) English 11	1) English 11
2) U.S. History	2) U.S. History
3) Algebra 2 (for college)	3) Algebra 2 (for college)
4) Science Elective (for college)	4) Science Elective (for college)
5) Visual Perf Arts or World Lang	5) Visual Perf Arts or World Lang
6) Elective	6) Elective
7) Elective	7) Elective
8) Elective	

12th Grade Courses	
Fall Semester	Spring Semester
1) English 12	1) English 12
2) Economics	2) American Gov't
3) Math Elective (for college)	3) Math Elective (for college)
4) Elective/World Language	4) Elective/World Language
5) Elective	5) Elective
6) Elective	6) Elective
7) Elective	7) Elective
8) Elective	

**Very Important!!!  
Parent Signature**



**Registration paperwork will only be processed for those students slated to attend FHS based on their verified residency in our school and district attendance boundaries.**

**Parent Signature:** \_\_\_\_\_

**Print Parent Name:** \_\_\_\_\_

**Welcome to Freedom High School Class of 2024!**



# Registration Packets are due by Friday, February 4<sup>th</sup>

Please return to your student's middle school

- LUHSD Registration Packet
- Course Request Form (Pink)
- **Photocopy** of student's full immunization records (no exceptions)
- **Photocopy** of 1 parent/guardian photo ID
- **Photocopy** of address verification (2)
- Parents must list a **parent's** email address (do not use student's)
- Please do not list student's middle school email address

***\*Please wait until you have ALL items listed above before returning your packet. Incomplete packets will not be processed until all required documents are received.***

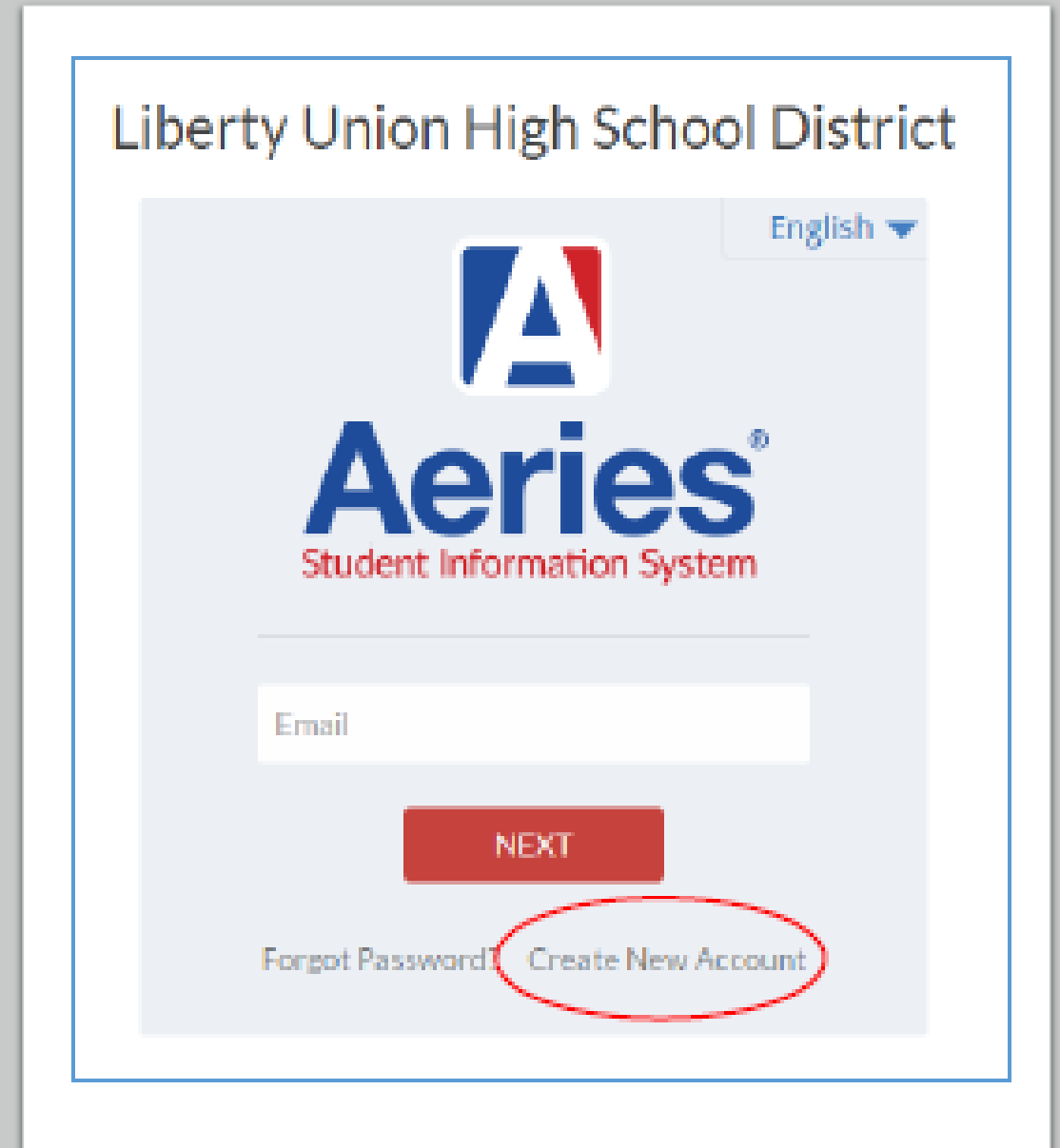
# Freshman Walk Thru

- Over the summer, Freedom will notify you of your Walk Thru date (usually late July).
- It is important that you clear your calendar to be able to attend one of the Walk Thru dates.
- What happens at Walk Thru?
  - You'll get acquainted with our campus
  - You'll receive a preliminary schedule
  - Purchase PE clothes
  - Get your Student ID Card

# Activating Your Parent Portal Account

- You will receive an email in mid-July notifying you to activate your Parent Portal account. Accounts are not available before you receive notification.
- Parent Portal activation is **REQUIRED** before Walk-Thru, in order for your student to receive their class schedule.
- You **MUST** provide a **parent** email address on your student's registration form, in order to have a Parent Portal account ready for you. Please check this email regularly through the summer and school year. ***Please do NOT use your student's email address.***

*\*Please be sure your parent email address is written clearly on your student's registration form. Please distinguish between the letters L and I and the numbers 1 and 7, the letter O and the number zero, and the letter S and number 5. Thank you!*



Liberty Union High School District

English ▼

**Aeries**  
Student Information System

Email

NEXT

Forgot Password? [Create New Account](#)



# Thank You!

Thank You for Attending & Investing In Your Student's Education!

Visit the Counseling Tab on the FHS Website for tonight's presentation and other Counseling Information